## How anxious would you feel in the following situations?......Please circle the appropriate numbers below.

	Not at all	Slightly	A fair amount	Much	Very much
1. Having someone watch you multiply 12 x 23 on paper	1	2	3	4	5
2. Being asked to write an answer on the board at the front of a math class	1	2	3	4	5
3. Taking a math exam	1	2	3	4	5
4. Being asked to calculate £9.36 divided by four in front of several people	1	2	3	4	5
5. Calculating a series of multiplication problems on paper	1	2	3	4	5
6. Being given a surprise math test in a class	1	2	3	4	5
7. Being asked to memorise a multiplication table	1	2	3	4	5
8. Being asked to calculate three fifths as a percentage	1	2	3	4	5
9. Being asked a math question by a teacher in front of a class	1	2	3	4	5
10. Adding up a pile of change	1	2	3	4	5
11. Being asked to add up the number of people in a room	1	2	3	4	5
12. Calculating how many days until a person's birthday	1	2	3	4	5
13. Being given a telephone number and having to remember it	1	2	3	4	5
<ol> <li>Working out how much time you have left before you set off to work or place of study</li> </ol>	1	2	3	4	5
15. Working out how much change a cashier should have given you in a shop after buying several items	p 1	2	3	4	5
<ol> <li>Deciding how much each person should give you after you buy an object that you are all sharing the cost of</li> </ol>	1	2	3	4	5
17. Working out how much your shopping bill comes to	1	2	3	4	5
18. Reading the word "algebra"	1	2	3	4	5
19. Listening to someone talk about math	1	2	3	4	5
20. Reading a math textbook	1	2	3	4	5
21. Watching someone work out an algebra problem	1	2	3	4	5
22. Sitting in a math class	1	2	3	4	5