The Children's Mathematics Anxiety Scale UK (CMAS-UK)

The items in the questionnaire refer to day-to-day numeracy situations that may cause anxiety for children aged 4-7 years. For each item, children can place a circle around the face which describes how they feel in relation to the situation.

1.	When my friends finish their number work
	before me, I feel







2. If I am the last to finish numeracy work on my table, I feel...







3. If I make a mistake in numeracy, I feel...







4. When I can't do my numeracy work, I feel...







5. When I have to explain a numeracy problem to my teacher, I feel...







6. If I think I can't do my numeracy work, I feel...







7. When I see lots of numbers, I feel...







8. When I have to explain a numeracy problem to my friends, I feel...







9. If I have to finish all my numeracy work in lesson, I feel...







10. Listening to the teacher in my numeracy class makes me feel...







11. If I answer questions and get them wrong, I feel		
12. If I have to tell the teacher that I don't understand my numeracy work, I feel		
13. If other children know that I find numeracy hard, I feel		
14. When I watch or listen to my teacher explain a numeracy problem, I feel		
15. If I don't finish my numeracy work in class, I feel		
16. If other children finish their numeracy very quickly, I feel		
17. When I explain how I got my answer to my teacher, I feel		
18. When my teacher wants me to do numeracy at home, I feel		
19. Walking into the numeracy class makes me feel		