

NAME _____

Total Score _____

The Children's Mathematics Anxiety Scale UK (CMAS-UK)

1. When my friends finish their number work before me, I feel...



2. If I am the last to finish numeracy work on my table, I feel...



3. If I make a mistake in numeracy, I feel...



4. When I can't do my numeracy work, I feel...



5. When I have to explain a numeracy problem to my teacher, I feel...



6. If I think I can't do my numeracy work, I feel...



7. When I see lots of numbers, I feel...



8. When I have to explain a numeracy problem to my friends, I feel...


















9. If I have to finish all my numeracy work in lesson, I feel...



10. Listening to the teacher in my numeracy class makes me feel...



11. If I answer questions and get them wrong, I feel...			
12. If I have to tell the teacher that I don't understand my numeracy work, I feel...			
13. If other children know that I find numeracy hard, I feel...			
14. When I watch or listen to my teacher explain a numeracy problem, I feel...			
15. If I don't finish my numeracy work in class, I feel...			
16. If other children finish their numeracy very quickly, I feel...			
17. When I explain how I got my answer to my teacher, I feel...			
18. When my teacher wants me to do numeracy at home, I feel...			
19. Walking into the numeracy class makes me feel...	